

# Class 7 Civics Social Science

## Chapter 2 Role of the Government in Health

Date: 29 July 29, 2021.

**1. An important part of the Constitution says it is the “duty of the state to raise the level of nutrition and the standard of living and to improve public health.” justify the statement.**

**Answer:**

### 1. Living Standard

- The level of living at which they live.
  - It is a low level if the basic needs are barely satisfied.
  - If one leads a comfortable life, the living standard is said to be of a higher level.

### Public Health

- Public health means the health of the general public or people.
- The constitution ensures equal access to health to all without any discrimination on the basis of caste, creed, sex, religion, etc.

**2. What are the different ways through which the government can take steps to provide healthcare for all? Discuss.**

**Answer:** The government can take steps to provide healthcare for all by:

- Increasing the number of hospitals, healthcare centres, and family welfare centers.
- Organizing free camps for the check-up of the general public.
- Organizing Pulse Polio campaigns.
- Spreading health awareness among common people through different means. Workshops, seminars, and training camps can also prove to be effective ways.

**What differences do you find between private and public health services in your area? Use the following table to compare and contrast these.**

**Answer3 Public healthcare system**

- Public health services are run by the government
- It provides quality healthcare services either free or at a low cost so that even the poor can seek treatment.
- Public health services are found both in rural and urban areas.
- Examples: Deen Dayal Hospital, AIIMS, etc

## Private Healthcare System

- Private health services are managed by individuals or companies.
- The cost of treatment is expensive.
- Private health services are concentrated in urban areas.
- Example: Sir Ganga Ram Hospital, Fortis, Max super specialty Hospital.

### 4. 'Improvement in water and sanitation can control many diseases'. Explain with the help of examples.

**Answer:** Water and sanitation are the basic necessities for the maintenance of our health. Poor quality of water causes a lot of health problems. Similarly, poor sanitation causes many epidemics giving birth to dangerous insects and worms. Improvement in water and sanitation can control these happenings.

## EXTRA QUESTIONS

### 1. Name some water-borne diseases.

**Answer:** Diarrhoea, worms, hepatitis.

### 2. What do we need to prevent and treat illnesses? And what all is required to provide these services?

**Answer:** We need appropriate healthcare facilities such as health centers, hospital laboratories for testing, ambulance services, blood banks etc to provide these services we require qualified doctors, trained nurses, Medical equipments.

### 3. What is the full form of RMPs? Where are they found?

**Answer:** Registered Medical Practitioners. They are found in rural areas.

### 4. Define Health.

**Answer:** Health is the ability of a person to remain free of illness and injuries. But health is not only about the disease. It is something more than that. Apart from disease, we need to think of other factors such as safe drinking water, clean surroundings, etc. because they affect our health in various ways. If people fail to get these basic amenities of life, they will fall ill. Being active and in good spirits are also an essential part of health. We also need to be without mental stress, because we cannot be healthy for a long time if we are under mental strain.

